

Synchrony of Visalia, Inc.



About Synchrony of Visalia, Inc.

Synchrony of Visalia, Inc. is a Not-for-Profit mental health counseling and education center.

Synchrony of Visalia, Inc. is an organization that mentors individuals, couples and families, and promotes healthy attachment, parenting excellence and community wellness. This is accomplished through assessment, counseling, education, and therapy.

We are committed to reaching out and providing mental health and educational services. We strive to maintain a creative, diverse, honest and rewarding environment that models wholeness and accountability.

As part of Synchrony, F.R.E.E. provides parenting classes throughout Tulare County that focuses on improving the relationships between parent and child. The program uses both Parents Helping Parents and 24/7 Dad parent training curriculums that promote a positive supportive environment, and team building.

Parenting classes offered in English & Spanish

Please contact us for a schedule of parenting classes available in your area, (559) 622-1853 or via-email:

freecollaborative@yahoo.com

1124 N. Chinowth St. * Visalia, CA 93291

Phone: 559-635-4252 * Fax: 559-635-4281

info@synchronyofvisalia.com

www.synchronyofvisalia.com



Synchrony of Visalia, Inc.

Staff

Edwyn Ortiz-Nance Psy.D., Clinical Psychologist and
Clinical Director

Brock Fowler Psy.D., Clinical Psychologist

Connie Treis MFT, Therapist and Administrator

Beverly Anderson MFT, Therapist

Dawn Kinney-Miller LCSW, Therapist

Maribel Resendez LCSW, Therapist

Danny Santana MFTI, Intern Therapist

Kari Wilson MFTI, Intern Therapist

Patricia Pullen, F.R.E.E., Program Coordinator

Rebecca Santibañez, F.R.E.E. Parent Educator and
Administrative Assistant

Martin Hinojosa, F.R.E.E. Lead Parent Educator

Kathy Subia, Office Manager

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Visalia, CA 93291

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Synchrony of Visalia, Inc.

BROWN
BAG LUNCH

For Parents of
Children with
Asperger's

“Strong families create strong communities”



Meetings start in AUGUST
Tuesdays, 12:00-2:00 p.m.



Asperger's

Asperger's Syndrome is a life-long developmental disability that typically appears during the first three years of life. It is thought to be the result of a neurological disorder that affects the functioning of the brain. Some of the symptoms are the fascination with objects rather than people, resistance to physical contact, decreased empathy, deficit in imitation, and odd or repetitive body movements.

This disorder makes it exceptionally difficult for individuals to communicate with others and relate to the outside world.

Asperger's Program

This 8-week program will give the latest information and will provide tools and inspiration for parents dealing with children with Asperger's Syndrome.

Purpose of the Group:

1. Information
2. Support
3. Insight
4. Inspiration

Meetings start in AUGUST
Tuesdays, 12:00-2:00 p.m.
\$35.00 per class

Topics

- Session 1:** Asperger's Syndrome, Pervasive Developmental Disorders, and Co-morbid Disorders. The grief Cycle, wishes, and guilt. Focusing on the positive. There is hope.
- Session 2:** Approaches and strategies. Meeting your child's needs. Resources.
- Session 3:** Nutrition specific for Asperger's Syndrome. Resources.
- Session 4:** Navigating the systems. Advocacy , IEP, OT, PT.
- Session 5:** Family members.
- Session 6:** Sexuality.
- Session 7 :** Bullying is a two-way street.
- Session 8:** Asperger's as a culture

Goals:

1. To understand better what is Asperger's Syndrome
2. To learn effective ways of communicating with your child
3. To create a support group in the community

You may give them your love but not your thoughts, for they have their own thoughts. You may house their bodies but their souls, for their souls dwell in the house of tomorrow, which you cannot visit, not even in your dreams. You may strive to be like them, but seek not to make them like you. For life goes not backwards, nor carries with yesterday. You are the bows for which your children as living arrows are sent forth.

Khalil Gibran, The Prophet, 1923

Brief Biography

Edwyn Ortiz-Nance, MOB, PsyD. is a clinical psychologist with Synchrony of Visalia, Inc. and the Assistant Director of the Office of Professional Training at Alliant International University. He received his Masters in Organizational Behavior and his Doctorate in Psychology with an emphasis in Cross Cultural Psychology and a concentration in Neuro-Psychology from Alliant International University (formerly the California School of Professional Psychology). His post doctoral studies include infant and preschool mental health and over the past six years he has specialized in the diagnosing and successful treatment of infants, preschoolers and children with Autism and Asperger's Disorder. He is often called on as an expert witness in Court.

As a Cross Cultural Psychologist, Dr. Ortiz-Nance incorporates a diversity of intervention methods during treatment. One of his areas of interest involves workplace issues such as issues of diversity, stress management, relaxation and orchestrating change in the workplace. As a practitioner of Qi Gong, an ancient Chinese system of movements used to balance the life force (Qi or Chi). Dr. Ortiz-Nance has been successful by teaching Qi Gong to others in aiding in the management of anxiety, stress, depression, pain management and sleep disorders.

